ACCESS to KINOSAKI ONSEN

By car

From Osaka about 3h 30mins
From Kyoto about 3h
From Himeji about 2h
From Kobe about 3h

By bus

From Osaka about 3h 20mins
From Himeji about 2h 15mins
From Kobe about 3h 10mins

By JR train

From Osaka about 2h 40mins
From Kyoto about 2h 30mins
From Himeji about 1h 45mins
From Kobe about 2h 40mins

By air

From Konotori Tajima Airport
30 mins by car or bus
<Konotori Tajima Airport>
Tel +81.796.26.1515

ACCESS to AMANOHASHIDATE from KINOSAKI ONSEN

By car

About 1h 30mins

By railway

JR~other railway About 1h 30mins

KINOSAKI ONSEN

城崎温泉

www.kinosaki-spa.gr.jp/global/

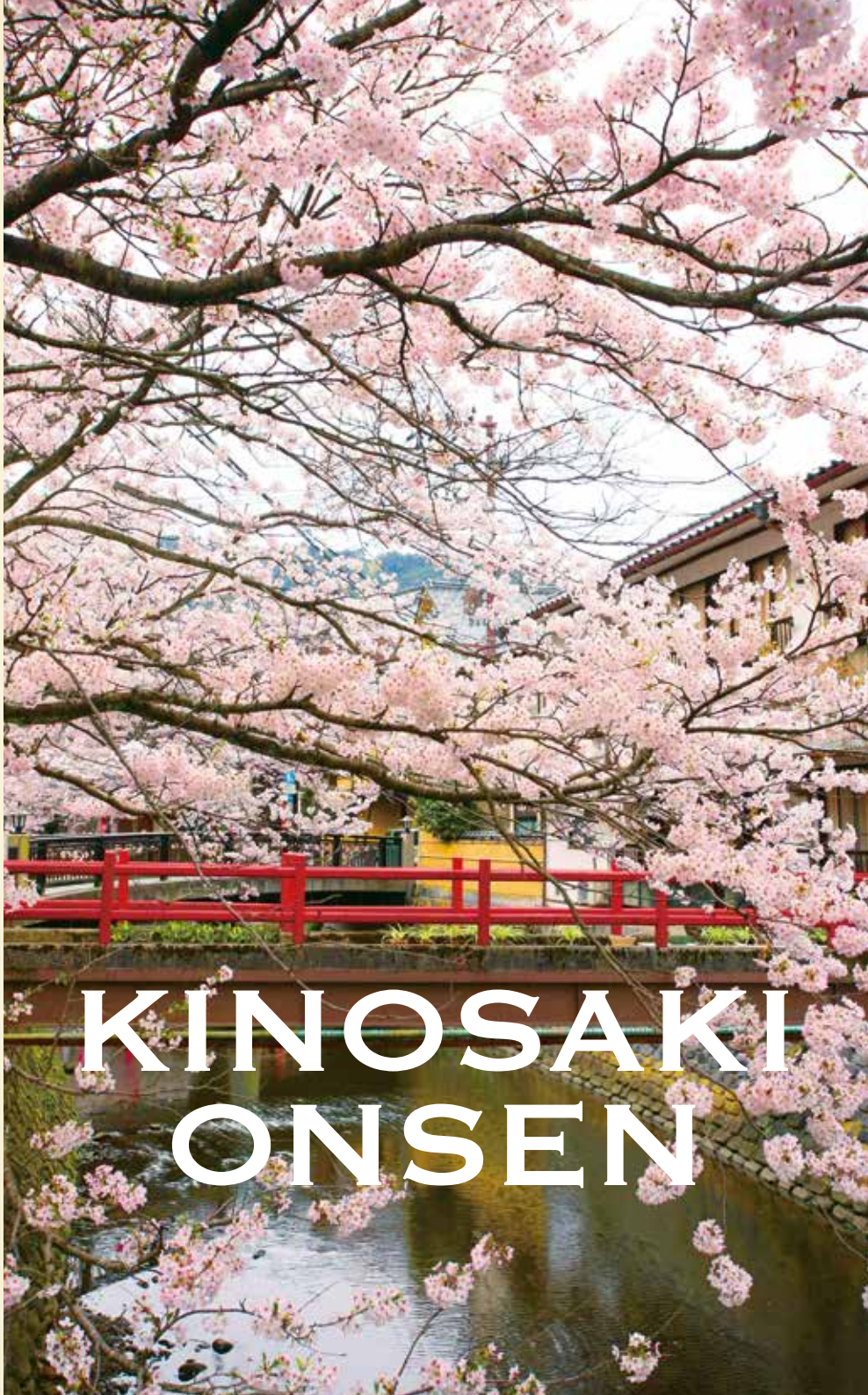
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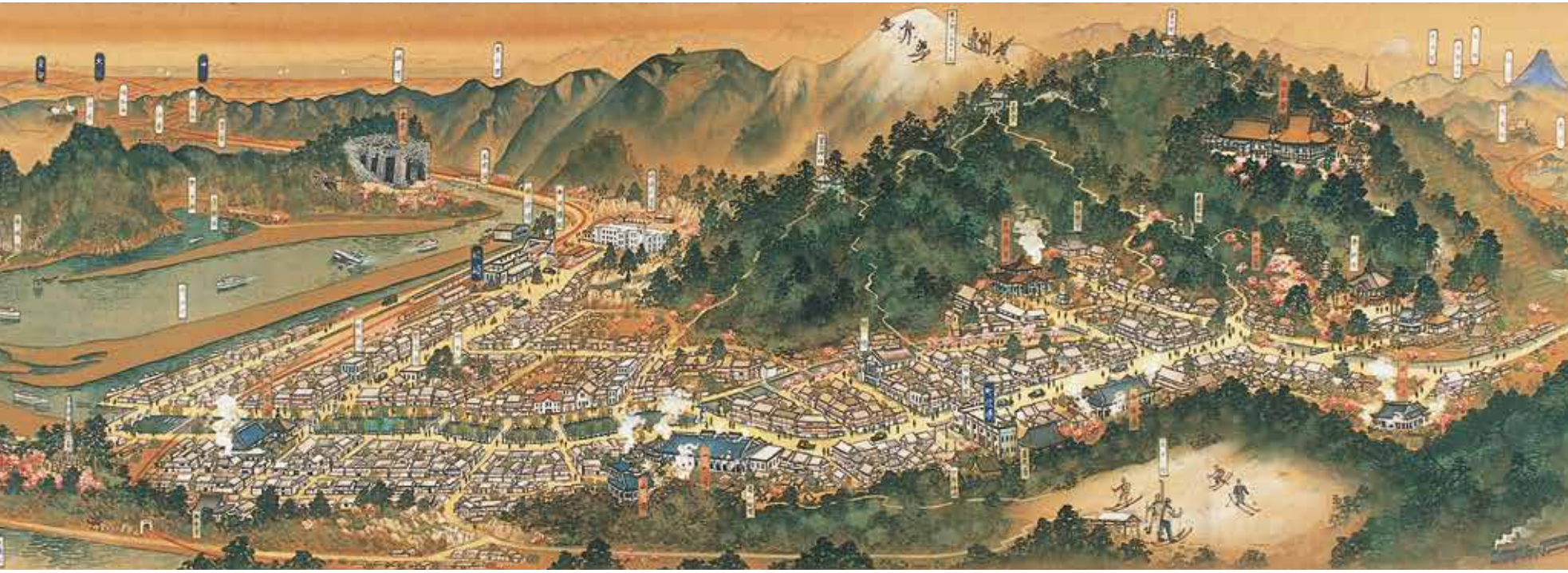
Kinosaki Onsen Tourism Association

357-1 Yushima, Kinosaki-cho, Toyooka city, Hyogo, 669-6101
Tel +81.796.32.3663 Fax +81.796.32.3005
info@kinosaki-spa.gr.jp

Ryokan Service Center
(Kinosaki Onsen Inn Association) TEL.+81.796.32.4141

Published 2017.4





"Progress of Kinosaki Onsen" Artist / Kouei Maeda (1924)

The history of Kinosaki Onsen began 1300 years ago, when the Buddhist priest Douchi Shonin received a vision form an oracle. Western medicine had not been introduced in Japan at that time, so people had to rely on Buddhism. Douchi Shonin led the people to Kinosaki for healing. That is why the spirit of healing people still exists in the waters of Kinosaki Onsen.



Jizouyu Onsen in the last years of the Meiji period





Around Ichinoyu Onsen in the middle of the Meiji period



Spring

Kiyamachi Street is where you can find the pink cherry blossoms across the blue sky. It is the best walking course. At night, with lanterns lighting the trees up, you can enjoy a totally different ambience from the daytime. Watching the fallen cherry blossom petals floating on the surface of the stream is a wonderful Kinosaki experience.



Summer

You can experience the feeling of summer every day in Kinosaki Onsen. Every weekday from late July to August, fireworks are shot off over the town and there is a small festival at the local shrine. At the end of summer, there is a Toronagashi Festival where customers decorate paper lanterns and send them off in the river. If you make a wish, it just might come true.



Fall

Every year in October, there is a very special autumn festival. It is a sacred event which has more than 200 years of history. The local people look forward to it every year. Gorgeous danjiri and mikoshi parade around town. The end of the festival has a large fight in the heart of town. It is a very dynamic and powerful display of Japanese culture.



Winter

With a white snowy landscape and fresh Matsuba crab, there is nothing like a Kinosaki winter. Gazing down on the onsen town from the top of the ropeway station, you can find a beautiful view of the Maruyamagawa river and surrounding area. There is the famous Matsuba crab only in winter and this high class dish attracts many tourists.

How to Wear Yukata

About Yukata

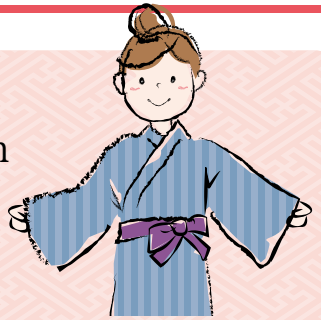
All the Japanese inns in Kinosaki offer Yukata for free so you can stroll around the town with your colorful Yukata. It is said in this town that “The inns are your rooms, the streets are the hallways”, making the entire town as one large ryokan is the spirit of the hospitality that is inherited from the old times. That is why you are allowed to relax in Yukata just like you do at home.

Yukata Dress Service

The shops with this mark in Kinosaki Onsen town provide a service for you to put on or fix yukata properly. Feel free to visit them.

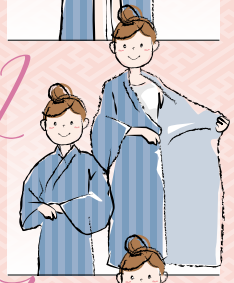
ゆかた ご意見番
ゆかたの着こなしをアドバイス

How to put on a ryokan yukata





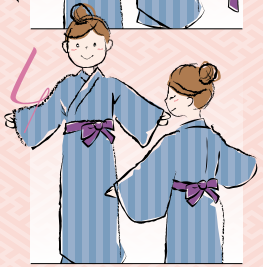
1 Put on the yukata with undergarments worn below.



2 First wrap the right side of the yukata around to your left hip. Then wrap the left side over the right. Make sure the bottom of the yukata comes down to your ankle and is even length on both sides.



3 Holding the yukata closed, wrap the sash around yourself two to three times. Leave enough length to tie a bow.
*Women: Tie the sash at your waist.
*Men: Tie the sash at your hips.



4 Tie the sash into a bow. You can wear the bow in front of you or twist it to the back.

How to wear color yukata





1 Slip on the yukata and take the front of both sides. Pull the yukata out and up in front of you. The bottom of the yukata should be just above your ankles. Be careful, having it too short looks like a kid and too long looks slovenly.



2 Wrap the right side of Yukata around to your left hip keeping the tip 10cm from the floor. Then wrap the left side over the top of the right and to your right hip keeping the tip5-6cm from the floor.



3 Holding the yukata closed take the thinner cord and wrap it around your hips, securing the yukata closed. The excess fabric should hang over the cord. Check the bottom of the yukata to make sure the lengths are even. Find the side pockets, stick both hands, and pull the extra fabric over the cord. Tighten the top of the yukata around your neck and chest from the inside.



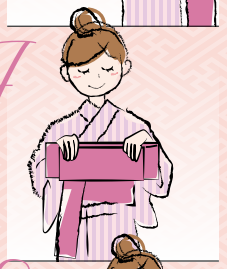
4 Tie the second cord right below the bust.



5 Take the sash (obi) about 50cm and fold it in half from an end and put the part over your right shoulder with. Put the obi open at your front and wrap the remainder obi around your body about 2 times, just above your waist.



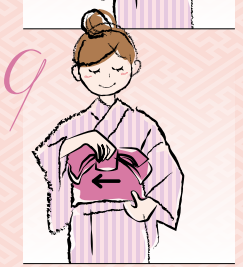
6 Position obi nicely by pulling from the underside. Hold the rest of the obi fabric inward from the right side towards up front. Tie the belt once with the right end over the left at the front.



7 Make an “accordion” fold with the longer end of the sash. Then grab and pinch it in the middle.



8 Holding the pinched sash against your stomach, wrap the other end of the sash around the center of folded bow shaped fabric. Go over and down then under and up. Open both ends and take a nice shape of a butterfly.



9 Lastly, twist the bow to your right side into the back.

Rules of Public Bath Houses

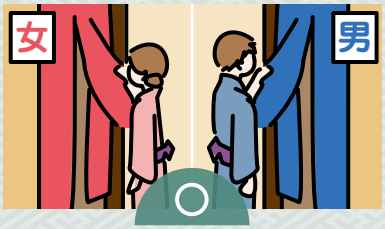
About Public Bath Houses

The local inns have bath facilities inside but Kinosaki has seven public bath houses in the town. Each public bath house has different style of architecture and deferent health benefits. You will enjoy taking a bath and shopping at the gift shops. All the inns in Kinosaki offer free-pass to their guests for the all public bath houses and you are allowed to use them until the time you check out.

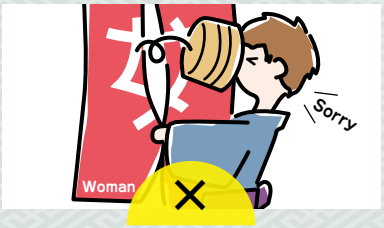
What is Onsen?

"Onsen" is Japanese for "hot spring". Because Japan is a country of volcanic activity, natural onsens can be found all over japan. Kinosaki's onsen water is 80 degrees Celcius at the source and is regulated at each bath house to about 42 degrees.

Enter the changing rooms

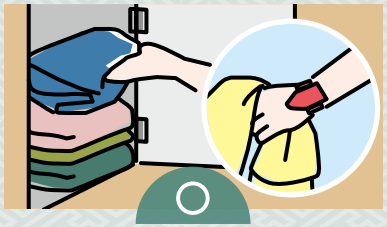


Enter the bath area. When entering the bath area children should be escorted by an adult. Young children are also allowed to go into the opposite gender bath area if it is necessary.

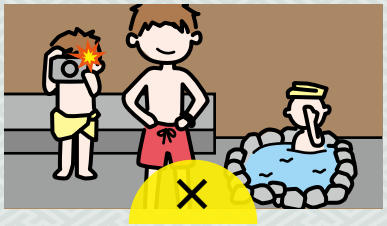


Do not enter the wrong side.
The sides are color coded to make it easy. Red curtains are for women and blue (sometimes purple) for men.

Inside the changing rooms

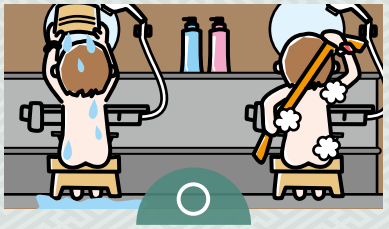


In the changing room, find an open locker, undress, and put all of your clothes, except for your small towel, inside. Lock the locker and put the key on your wrist. Take the small towel with you into the bath area.
*Your ryokan will provide you with a large and small towel.

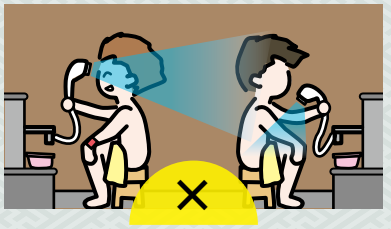


Clothes, including swimsuits and underwear, are not allowed to be worn in the bathing area and Onsen.
Please leave your camera in your locker, no pictures are allowed. Please respect the privacy of fellow bathers.

Shower first

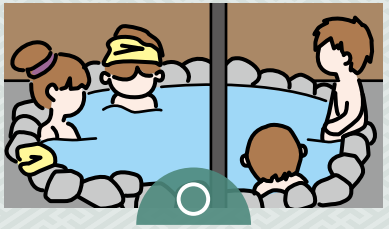


In the bath area find an empty shower area. Rinse off the stool and sit down. If you have already showered today, and are clean, you can just rinse off before getting into the bath. If you have not showered today, please do so before entering the bath.

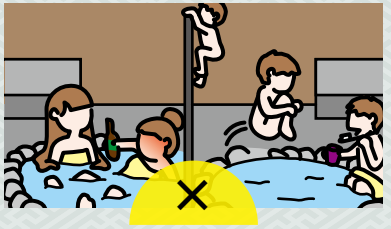


Please remain seated when using the showers. Be careful where you spray your water. Do not spray other people and be careful not to splash anyone else.

Sit back and relax

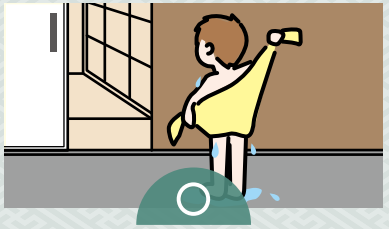


After you are done washing make sure you rinse off all of the soap and suds. Then rinse off your stool and your area. Now you can enter the baths.
If you have long hair, please tie it up so that it does not touch the water.
If you feel hot or light headed, slowly get out of the water and take a moment to cool down.
Keep your towel out of the water, you can put it on your head or off to the side.

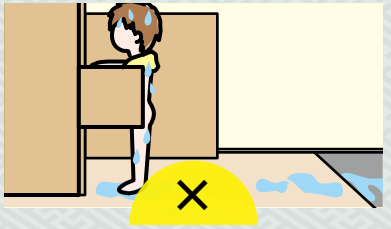


Do not let your towel or hair touch the water.
No swimming, jumping, or diving in the water.
No climbing the walls.
Do not drink or eat in the Onsen.
Do not shave or brush your teeth in or near the baths.
Please respect people's space and don't hog the bath area.

After your bath



After you are done bathing use your small towel to dry off a little before going back into the changing rooms.
Once back in the changing room dry off and get dressed. There are hair dryers provided for your use.
Hope you enjoyed your bath.



Do not leave the shower area without brushing off some of the excess water to avoid creating puddles and slippery areas in the changing room.

Public Bath Houses

Kinosaki has seven public bath houses that you can visit. People have been onsen-hopping in yukata and geta since old times.

Quality of Water	Benefits
Sodium Calcium-Chloride Hypothermal Spring	Helps relieve: neuralgia, mucle pain, poor circulation, digestive issues, fatigue







❶ Satono-Yu

さとの湯

Located next to Kinosaki Onsen Station, this onsen features a beautiful panoramic view from its outdoor bath located on the third floor. Step into the sauna where aromatic herbs fill the air. For those wishing to cool off, this onsen also has an ice-sauna. Relax in the beautifully designed outdoor baths of this onsen in two styles, Western and Japanese. They change every day, so visit it twice to experience both.



- Entrance fee: 800 JPY
- Hours: 1pm – 9pm
- Closed: Mondays
- Features: Open-air bath, Sauna, Jacuzzis

Foot Bath and Hand Bath

There are five foot baths in Kinosaki Onsen and one hand bath at Kinosaki Bungeikan Heritage Museum. All are free to enjoy.



- Satonoyu (1pm - 9pm, 7am - 5pm on Monday only)
- Yanagiyu (3pm – 11pm, closed Thurs.)
- Ichinoyu (7am – 10:30pm)
- Kinosaki Bungeikan Heritage Museum (9am – 4:30pm)
- Yakushi Hot Spring Source (24 hours)

Onsen Drinking Fountain

Located at the train station, Ichinoyu, and Yakushido Temple
Helps relieve: constipation, digestive issues



Yumepa Ticket

A day pass ticket for all the seven public bath houses.

ぱっと、湯めぐりパス ゆめぱ

Available at the public bath houses.

*See P.21 for more information

❷ Jizou-Yu

地蔵湯

The design of the building was inspired by a Japanese lantern. The hexagonal windows are shaped after the volcanic rock formations of Genbudo cave. It is a local favorite, with many families from the neighborhood still preferring to use this retro style bath house to relax before turning in for the night.







- Entrance fee: 600 JPY
- Hours: 7am – 11pm
- Closed: Fridays
- Features: Big bath, Jacuzzis

3 Yanagi-Yu

柳湯

Yanagi-yu is said to ensure the fertility and safe childbirth of women. Yanagi is the Japanese word for weeping willow. This bath gets its name from the willow out front. This cozy bath house has a modern-Japanese twist. The rustic wooden interior, from the walls to the bath made from cypress, provides a warm and relaxing experience.







- Entrance fee: 600 JPY
- Hours: 3pm – 11pm
- Closed: Thursdays
- Features: Standing bath, Jacuzzis

4 Ichino-Yu

一の湯

The architecture resembles that of a kabuki theatre and is a popular Kinosaki landmark. This bath features a cave made of natural boulders and soft ambient lighting, perfect for those wanting a relaxing soak. Come and see why this bath is called “Ichino-yu” (number one bath), a name given by a well-known doctor of the Edo era, after he had experienced the positive effects of the waters first hand.







- Entrance fee: 600 JPY
- Hours: 7am – 11pm
- Closed: Wednesdays
- Features: Cave bath, Big bath

5 Goshono-Yu

御所の湯

Goshono-yu, also known as the “water of beauty”, brings luck in love and protects against fires. It was built in the likeness of Kyoto’s Imperial Palace. The foyer and lounge area are accented by beautifully painted screens and the panels of the high ceiling are painted with Japanese flowers. Large and impressive cypress beams hold up the bath area’s expansive glass ceiling and floor to ceiling windows. Soak in the outdoor bath surrounded by lush greenery and bathed in natural light. Relax to the crashing sounds of the waterfall in the background.





- Entrance fee: 800 JPY
- Hours: 7am – 11pm
- Closed: Every 1st & 3rd Thursday
- Features: Open-air bath, Big bath, Sauna

6 Mandara-Yu

まんだら湯

Mandara means the enlightened mind, and this bath is named because the waters were brought forth after a holy priest prayed continually for one thousand days. The outdoor bath is a cypress barrel bath. Enjoy the aromatic fragrance of the cypress while you look out onto the mountain side.





- Entrance fee: 600 JPY
- Hours: 3pm – 11pm
- Closed: Wednesdays
- Features: Hinoki bucket bath

7 Kouno-Yu

鴻の湯

Kouno-yu is the bath that will bring you happiness and longevity. This is said to be the oldest hot spring in Kinosaki. It was discovered when a priest found an oriental stork healing its wounds in the waters. The onsen is a quiet bathing sanctuary, set away from the busy streets in the back of town. Enjoy the outdoor bath surrounded by lush natural surroundings and fresh air.





- Entrance fee: 600 JPY
- Hours: 7am – 11pm
- Closed: Tuesdays
- Features: Open-air bath



Magical Kinosaki

Beautiful nature, the sounds of geta in the streets, history overflowing…
There are plenty of ways to enjoy this Michelin 2 star onsen town. The following is a list of things to do and see in the surrounding area.





ONSENJI TEMPLE

HISTORY



Onsenji is the special head temple of the Koyasan Shingon Buddhism sect and became the focus of people's worship as a guardian temple. This mountain temple has three buildings: Yakushido at the base, Hondo at the middle, and Daishido at the top.

- Entrance Fee: 300 JPY (museum costs extra)
- Hours: 9am – 4:30pm
- Closed: Every 2nd & 4th Thursday

KIYAMACHI SHOPPING

SPOT



All the local delicacies and gifts are gathered in this one shopping center. There are also free resting areas where you can enjoy the feel of our Japanese town.



GAME CENTER

RETRO



You can try shooting games, hand-made pachinko, and Japanese pinball at these traditional game centers.

- Hours: around 8pm ~

*under 12 years old must be accompanied by adult

ROPEWAY

VIEW



Going through the mountain and passing by Onsenji temple, you will find the beautiful nature view which was given a Michelin star.

- Hours: 9:10am – 4:50pm
- Closed: Every 2nd & 4th Thursday

KINOSAKI BUNGEIKAN HERITAGE MUSEUM

TRADITION





Enjoy the history of the town and the Japanese writers who have visited. There are many exhibits for the writer Naoya Shiga, who wrote his famous "In Kinosaki" while visiting.

- Hours: 9am – 5pm
- Closed: Every last Wednesday
- Entrance Fee: Adult 500 JPY / Child 300 JPY

*English audio guide available for 300 JPY

KINOSAKI STRAW CRAFT MUSEUM

TRADITION





With over 200 straw crafts from the Edo and Meiji periods and 40 from today's artisans, you can view many professional works.

- Entrance Fee: Adult 500 JPY / Child 200 JPY
- Hours: 10am – 4pm
- Closed: Wednesdays, End of Year Holiday

STRAW CRAFT WORKSHOP

(inside Kinosaki Straw Craft Museum)

WORKSHOP



Teachers will help you decorate post cards, Japanese fans, bamboo-copters, earthenware bells, and much more. You can make your own treasure.

- Participation Fee: 400 JPY ~
- Hours: 10am – 4pm
- Closed: Every Wednesday, End of Year Holiday

MARUYAMA RIVER PARK

SPOT



The park has many facilities, including a museum, swimming pool (summer), ice skating rink (winter), and much more. Canoe schools and art workshops are also provided.

- Hours: 9am – 5pm
- Closed: Irregularly

GOKURAKUJI TEMPLE

HISTORY



Gokurakuji was rebuilt by Takuan Osho during the Oei era (around 1400). There is a beautiful rock garden called "Seikantei" just inside the temple gates that was built in the Edo period.

- Hours: 8am – 5pm
- Closed: Irregularly

KURUHIDAKE

VIEW



Enjoy the amazing view from the summit and see the surrounding area including Mt.Hyonosen and Toshima Wetlands. Enjoy the wonder of the clouds flowing out to sea in the early mornings of autumn.

HACHIGORO TOSHIMA WETLANDS

NATURE



This area is designated under the Ramsar convention as wetlands. There are many rare animals and plants located here, including the white oriental stork. It is a great spot to cycle to from Kinosaki.

- Hours: 9am – 5pm
- Closed: Tuesdays

*Accepts donations for oriental stork protection

GENBUDOU PARK

GEO



Part of the Sanin Kaigan Geological Park, this cave site has a dynamic view of hexagonal rocks that were created by volcanic activity 1.6 million years ago.

KINOSAKI MARINE WORLD

SPOT



This is an aquarium like no other. Of course there are dolphin shows and fish tanks, but you can also do fishing and watch penguins walk up close. There are always new experiences.

- Hours: 9am – 5pm (Last entrance 4:30pm)

*hours change depending on the season

KINOSAKI GIFTS

MATSUBA CRAB

The winter food of Kinosaki Onsen is the snow crab, called "Matsuba Crab". There are many ports in the Kinosaki area that fish for them. The blue tags are from Tsuiyama port and are of the highest quality.





LOCAL SEAFOOD

There are many fish markets in the Kinosaki area that sell locally caught fresh seafood. You can enjoy the taste in many dishes, such as raw sashimi and cooked seafood rice bowls called kaisen-don.

TAJIMA BEEF

Kobe beef and Matsusaka beef are world famous beef brands that have their origins in the Tajima region. Enjoy the high level of marbling and the melt-in-your-mouth texture with one of the many ways to eat beef, such as sukiyaki or shabu-shabu.





DANJIRI DAIKO

This Japanese sweet is made locally with the image of the drums from our famous autumn Danjiri festival.



LOCAL SAKE, LOCAL BEER

The Tajima region is the home of Tajima Touji (a master brewer of sake). Enjoy the local sake, Kinosaki beer, or pear wine with your meal or as a gift.



STRAW CRAFT

This traditional craft is passed down from artisan to artisan in Kinosaki. You can find unique items decorated with beautifully inlaid colored straw.

SERVICES



◆Ryokan Service Center

With coin lockers, luggage check, vending machines, hotel shuttle bus, and more, this is the center responsible for all hotel related services.

BAGGAGE ROOM

◆Porter Service

Your luggage will be brought to your hotel before check-in. The reception is at the Ryokan Service Center counter (payment is required).



◆Ryokan Shuttle Bus

There is a bus that runs between the train station and ryokans. It is available for check-in only. It departs at the arrival time of express trains between 12:30pm and 6pm.

RENTAL CYCLE

◆Bicycle Rental

You can rent bicycles from 9am to 5pm on good weather days. Payment in advance and an ID check is required.

Fee: 2 hours - 400 JPY (regular bike) / 500 JPY (Michelin or electric bike)
1 hour extension - 100 JPY (regular bicycle) / 200 JPY (Michelin or electric bike)
Full day - 800 JPY (regular bicycle) / 1,000 JPY (Michelin or electric bike)

宿泊予約システム お宿とれとれ

◆Kinosaki Inn Concierge

More than 70 ryokans and hotels are available.
http://www.kinosaki-web.com/
http://www.kinosaki-web.com/en

Contact

Kinosaki Onsen Inn Association　Tel +81.796.32.4141

◆Kinosaki Onsen Tourist Information SOZORO



Services: Bus Ticket, Local Tours, Rental Bicycles, Currency Exchange, Souvenirs, Rest Area, Free Wi-Fi, Computer Use, and More!
Tel +81.796.32.0013
info@kinosaki-info.com
global.kinosaki-info.com

Come visit us at SOZORO! If you have any questions, please feel free to ask. We have English speaking staff available. Open every day 9am to 6pm.



SOZORO
KINOSAKI ONSEN TOURIST INFORMATION



◆"No.1" Plaque

If you arrive early enough to be the first person into any public bath house, you will be given a commemorative first customer plaque.

ぱっと、湯めぐりパス ゆめぱ

◆Yumepa Ticket

A day pass ticket for all the seven public bath houses. You can also get special discounts and features from sightseeing facilities, restaurants, and shops. The pass is available for purchase at any of the public bath houses. Adult 1,200 JPY Child 600 JPY

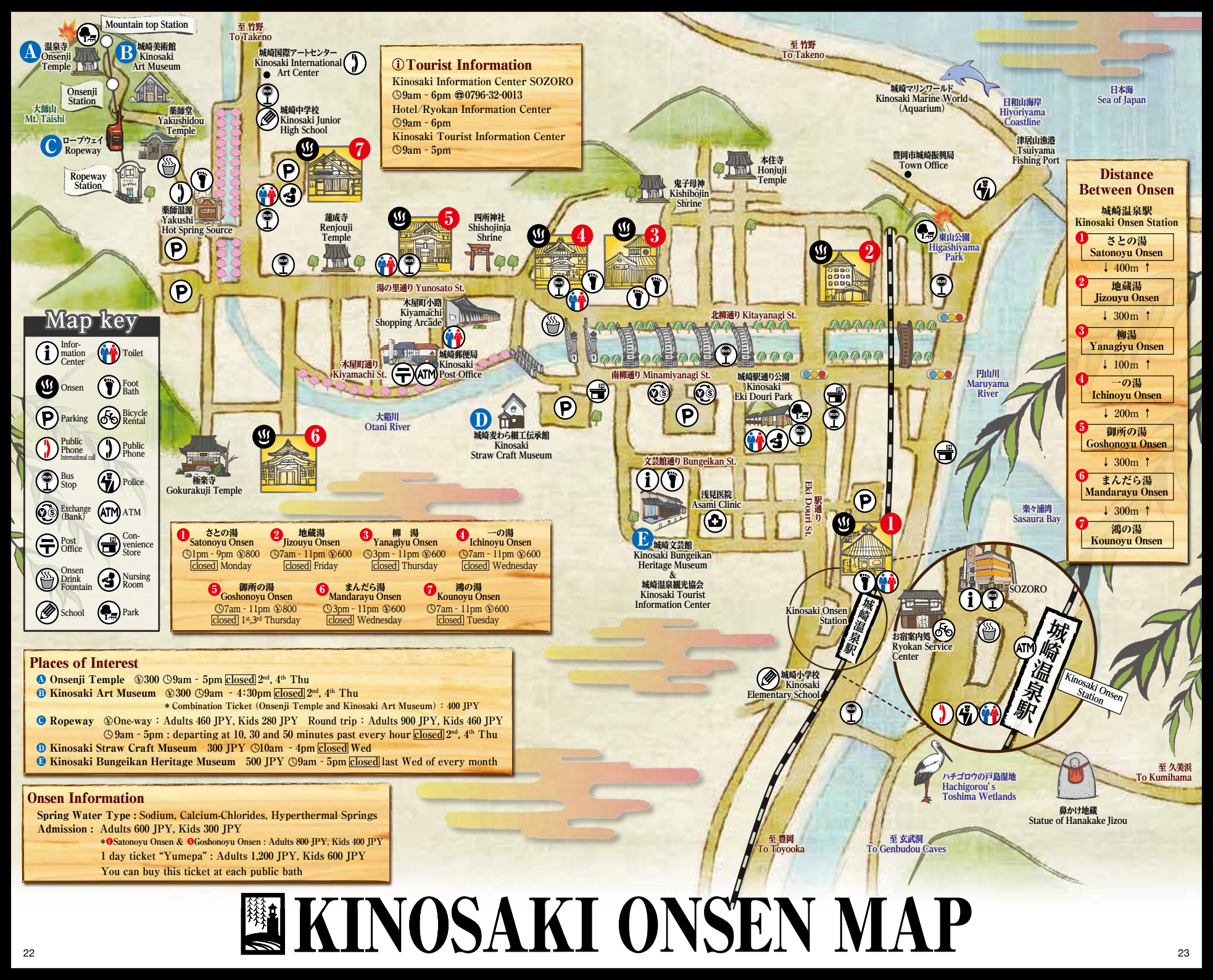


◆Shared Umbrellas

You can use the town's umbrellas for sudden rain or snow for free. The pink umbrellas with the tags are available at all the public bath houses, Kinosaki station, Ryokan Service Center, and Kinosaki Bungeikan Heritage Museum.

Contact

Kinosaki Onsen Tourism Association　Tel +81.796.32.3663



ⓘ Tourist Information

Kinosaki Information Center SOZORO
◷9am - 6pm ☎0796-32-0013
Hotel/Ryokan Information Center
◷9am - 6pm
Kinosaki Tourist Information Center
◷9am - 5pm

Distance Between Onsen

城崎温泉駅 Kinosaki Onsen Station
1 さとの湯 Satonoyu Onsen
↓ 400m ↑
2 地蔵湯 Jizouyu Onsen
↓ 300m ↑
3 柳湯 Yanagiyu Onsen
↓ 100m ↑
4 一の湯 Ichinoyu Onsen
↓ 200m ↑
5 御所の湯 Goshonoyu Onsen
↓ 300m ↑
6 まんだら湯 Mandarayu Onsen
↓ 300m ↑
7 鴻の湯 Kounoyu Onsen

Map key

- Information Center
- Toilet
- Onsen
- Foot Bath
- Parking
- Bicycle Rental
- Public Phone (International call)
- Public Phone
- Bus Stop
- Police
- Exchange (Bank)
- ATM
- Post Office
- Convenience Store
- Onsen Drink Fountain
- Nursing Room
- School
- Park

1 さとの湯 Satonoyu Onsen
◷1pm - 9pm ¥800
closed Monday

2 地蔵湯 Jizouyu Onsen
◷7am - 11pm ¥600
closed Friday

3 柳 湯 Yanagiyu Onsen
◷3pm - 11pm ¥600
closed Thursday

4 一の湯 Ichinoyu Onsen
◷7am - 11pm ¥600
closed Wednesday

5 御所の湯 Goshonoyu Onsen
◷7am - 11pm ¥800
closed 1st,3rd Thursday

6 まんだら湯 Mandarayu Onsen
◷3pm - 11pm ¥600
closed Wednesday

7 鴻の湯 Kounoyu Onsen
◷7am - 11pm ¥600
closed Tuesday

Places of Interest

- A Onsenji Temple ¥300 ◷9am - 5pm closed 2nd, 4th Thu
- B Kinosaki Art Museum ¥300 ◷9am - 4:30pm closed 2nd, 4th Thu
  * Combination Ticket (Onsenji Temple and Kinosaki Art Museum) : 400 JPY
- C Ropeway ¥One-way : Adults 460 JPY, Kids 280 JPY Round trip : Adults 900 JPY, Kids 460 JPY
  ◷9am - 5pm : departing at 10, 30 and 50 minutes past every hour closed 2nd, 4th Thu
- D Kinosaki Straw Craft Museum 300 JPY ◷10am - 4pm closed Wed
- E Kinosaki Bungeikan Heritage Museum 500 JPY ◷9am - 5pm closed last Wed of every month

Onsen Information

Spring Water Type : Sodium, Calcium-Chlorides, Hyperthermal Springs
Admission : Adults 600 JPY, Kids 300 JPY
*1 Satonoyu Onsen & 6 Goshonoyu Onsen : Adults 800 JPY, Kids 400 JPY
1 day ticket "Yumepa" : Adults 1,200 JPY, Kids 600 JPY
You can buy this ticket at each public bath

KINOSAKI ONSEN MAP